Mar 14 Venerable Father Benedict

## TROPARION - Tone 4

The image of God was truly preserved in thee, O Father, /
For thou didst take up thy cross and follow Christ /
By so doing thou didst teach us to disregard the flesh, for
 it passes away /
But to care instead for the soul, since it is immortal ///
Therefore thy spirit, O holy Benedict, rejoices with the
 angels.

**KONTAKION - Tone 6** (To the melody "Steadfast protectress")

Thou wast richly blessed by the grace of God, O <u>Be</u>nedict, / And by thine accomplishments didst thou truly pro<u>claim</u> thy name; /

Thou wast revealed as a favorite of <u>Christ</u> God / And by thy prayers and fasting wast thou granted the

gifts of the Holy <u>Spi</u>rit; / Thou dost heal the sick and banish the <u>demons</u> /// And comest quickly to the de<u>fense</u> of our souls.