The 28th Day of January

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Our Venerable Father, Ephraim the Syrian.

Vespers

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At "Lord, I call...," 6 stichera, in Tone 1: To the melody, "Joy of the ranks of heaven...."
Looking on the good things of paradise, /
And richly delighting in the meadows of incorruption, /
Thou didst present to the world the blossoms of divine knowledge; /
And partaking of them with spiritual love, O ven'rable one, ///
Let us grow spiritually in soul.
Thou didst write of the advent of the Judge /
With copious streams of tears, /
And thou didst teach us to kindle the lamps of our souls /
That they be clothed in radiant garments ///
To greet Christ the Bridegroom.
Thou didst shield thy flesh through abstinence, /
Ceaseless vigils and prayer, /
Thus, thou didst mortify the surging of the passions, /
O ven'rable father. /
Therefore, the power of the Spirit came to dwell in thee ///
Revealing thee as a spiritual beacon unto all the world.
Glory..., in Tone 6:
Having renounced the rebellious cares of this world, /
O ever-memorable Ephraim, /
In thy love for stillness thou didst come to dwell in the wilderness; /
And through this action thou didst draw near to God /
And didst shine forth as a light unto all the world /
Shedding words of life upon all mankind. /
Therefore, cease not to strengthen us by thy prayers, O ven'rable father, ///
That our souls may be delivered from the snares of the enemy.
Now and ever..., Theotokion, or this Stavrotheotokion, in the same Tone:
Beholding our Life hanging on the Tree, /
The all-pure Theotokos cried aloud /
With maternal sorrow: /
"My Son and my God, ///
Save those who sing to Thee with love.
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28 JANUARY

The Aposticha from the Octoechos, and

Glory..., in Tone 4: (by Anatolius)

Thou didst abide by the words of the prophet, O <u>blessed</u> one / And sought repentance through the <u>lessons</u> of thy life / And thou didst <u>water</u> thy <u>couch</u> with thy tears / Thus, showing us to stand in fear of <u>judgment</u> for our deeds. / And, having assembled, we now honor thy <u>memory</u>, / And thine all-glorious accomplishments <u>for</u> the Lord, / O ever-memorable <u>Ephraim</u>. ///
Therefore, we now pray thee to beseech Christ to save our souls.

Now and ever..., Theotokion, or this Stavrotheotokion, in the same Tone: To the melody, "As one valiant among the martyrs...."

Seeing Thee the Lamb and <u>She</u>pherd on the Tree, /
The ewe-lamb who gave birth to Thee la<u>me</u>nted, /
And as a <u>mo</u>ther cried <u>out</u> to Thee: /
"O desired Son, how art Thou hung on the <u>Tree</u> of the Cross, /
O Longsuffering One? /
How art Thy hands and feet nailed by the transgressors, O Word? /
How dost Thou shed Thy Blood, O Master?

The Troparion of Saint Ephraim, in Tone 8:

Thine abundant tears made the wilderness <u>sprout</u> and bloom /
And thy suffering made thy labors fruitful a <u>hundredfold</u> /
Thou hast become a shining torch over <u>all</u> the world /
O our holy father Ephraim, pray to Christ God that He may <u>save</u> our souls.

Matins

— incomplete as of 12/7/17

Kontakion of Saint Ephraim, in Tone 2: To the melody, "Seeking the highest...."

O holy Ephraim, thy constant meditation on the final Judgment / Made thee shed abundant tears of sorrow / Making of thy labors examples that we could follow and emulate / And awakening the slothful to repentance. ///
Thou art indeed a ven'rable father of great renown.

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