TROPAR - Tone 4

```
Thy holy martyr Nestor, O Lord, /
Through his sufferings received his incorruptible crown from Thee, our God /
For having Thy strength he laid low his enemies /
And shattered the powerless boldness of demons ///
Through his intercessions, O Christ God, save our souls.
```

KONTAKION - Tone 2

```
As a <u>valiant</u> soldier of the <u>Master</u> /
Thou didst fight the <u>good</u> fight, /
And having at<u>tained</u> eternal <u>glory</u> /
Through the prayer of Demetrius the <u>martyr</u>, ///
Cease not to intercede together with <u>Demetrius</u> for our sake.
```