Apr 19 Venerable Father John of the Ancient Caves in Palestine.

**TROPARION - Tone 8** (General - none given in the Menaion)

The image of God was truly preserved in thee, O <u>fa</u>ther, /
For thou didst take up thy cross and <u>fo</u>llow Christ /
By so doing thou didst teach us to disregard the flesh, for
 it <u>pa</u>sses away /
But to care instead for the soul, since it is immortal ///
Therefore thy spirit, O ven'rable John, rejoices with
 the <u>angels</u>.

**KONTAKION - Tone 2** (None given in the Slav Menaion)

Arming thy<u>self</u> with the <u>pu</u>rity of thy soul / And wielding thy constant <u>prayer</u> as a spear, / Thou didst <u>u</u>tterly rout the myriad hordes of <u>demons</u>, / O our ven'rable <u>fa</u>ther John. /// Ceaselessly pray now on behalf of our souls.