

TROPARION (*Forefeast*) - Tone 4

Prepare thyself, O Bethlêhem, /
For Eden hath been opened to all. /
Adorn thyself, O Ephratha, /
For the Tree of Life hath blossomed forth in the cave from
the Virgin. /
Her womb appeared as a spiritual paradise /
In which is planted the garden divine. /
Eating of it we shall live and not die as did Adam: /
Christ is born, ///
That He may raise up again the image that before was fallen.

TROPARION (*St. Juliana*) - Tone 4

O Jesus, Thy lamb Juliana /
Cries out to Thee with great love: /
"O my Bridegroom, I long for Thee in pain, /
I am crucified with Thee, and in baptism buried with Thee; /
I suffer for Thy sake in order to reign with Thee, /
I die for Thee in order to live in Thee. /
Accept me as a spotless victim /
Since I am put to death because of my love for Thee." ///
Through her prayers, O Merciful One, save our souls.

KONTAKION (*St. Juliana*) - Tone 3 To the Melody: "Today the Virgin..."

Radiant with the virtues of virginity, O Juliana, /
Thou hast received thy martyrs' crown; /
And thou grantest healing and deliverance /
To all who come to thee in sorrow and need ///
For through thee Christ grants divine grace and everlasting life.

SPECIAL KONTAKION (*Forefeast*) - **Tone 2:** (*sung only on 21 Dec.*)

He who holds the earth in the hollow of His hand /
Now is beheld in Bethlêhem wrapped in swaddling clothes. /
And we offer pre-festal hymns to His mother, who maternally
 rejoices ///
Having held to her bosom the Son of God.