

The 11th Day of January

✠ **Afterfeast of Theophany; Commemoration of our Venerable Father, Theodosius, Founder of the Cœnobitic Life.**

Vespers

At “Lord, I call...,” 8 stichera.

Note: A Vigil may be served if so desired by the Superior or the Rector.

Note: If this day falls on the **Sunday After Theophany**, then at “Lord, I call...” we sing 10 stichera: 4 of the Resurrection, followed by 3 of the Feast, 3 of St. Theodosius.

3 stichera of the Feast, in Tone 2: *(by the monk, John of Damascus — from 7 Jan.)*

When the Forerunner beheld our Enlightenment, /
The Light that enlighteneth all, /
Coming to be baptized /
His hand trembled and his soul rejoiced; /
And he proclaimed to the people: /
“This is the Savior of Israel, who delivereth us from corruption.” ///
O Christ our God, the only sinless One, glory to Thee!

The hosts of angels trembled in fear, /
When they beheld Thee baptized by a servant; /
And the Holy Spirit, bore witness to Thee, O Savior, /
And the voice of the Father was heard from heaven: /
“This One on whom the Forerunner lays his hand, /
Is My beloved Son in whom I am well pleased.” ///
O Christ our God, glory to Thee!

When the waters of the Jordan received their Creator, /
The Comforter descended in the form of a dove.
He who bowed down the heavens now bows His head to the Forerunner /
And the one made out of clay, cries out to his Maker:
“Why dost Thou command me to perform what is beyond my power? /
For it is I who needs to be baptized of Thee!” ///
O Christ our God, the only sinless One, glory to Thee!

And 5 stichera, of the Saint, in Tone 5: *To the melody, “O venerable father...”*

O ven’rable and God-bearing father Theodosius /
Thou didst struggle greatly in this transitory life; /
Thou wast in all a model for thy disciples. /

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In singing, fasting, keeping vigil and prayer. /
Now, rejoicing together with the bodiless angels, thou dost ever glorify Christ, /
Who from God is God the Word and the Deliverer, /
Who bowed His head to the Forerunner and sanctified the nature of water, /
Prayerfully beseech Him, O ven'erable one, ///
To grant harmony to the Church, peace and great mercy. *(twice)*

O ven'erable and God-bearing father Theodosius /
Having found the object of thy desire by the purity of thy soul, /
The grace of the All-holy Spirit came to dwell within thee, /
And with its pure light and brightly adorned by its action /
Thou didst ceaselessly glorify Christ, One Son in two natures, /
Who was baptized by the hand of the Forerunner /
And witnessed to by the voice of the Father. /
Beseech Him, O ven'erable one, ///
To grant harmony to the world, peace and great mercy. *(twice)*

O ven'erable and God-bearing father Theodosius /
Rightly wast thou vouchsafed a blessed life, /
Through thy purity and fasting. /
And completing thy course, thou didst depart this life to abide in the heavens /
Telling all to rejoice. /
Now, rejoicing together with the bodiless angels, ceaselessly glorifying Christ, /
Who ineffably received flesh from the Virgin /
And drowned our sins with baptism in the streams of the Jordan. /
Prayerfully beseech Him, O holy one, ///
To grant harmony to the universe, peace and great mercy.

Glory..., in the Tone 2:

O venerable father Theodosius, /
Thy sacred soul rejoices, /
As a city of the living God,
In the rushing river of the water of forgiveness, /
For Christ our God hath come down to the Jordan /
And poured forth upon the world the word of piety; ///
Entreat Him, O all blessed one, that our souls may be saved.

Now and ever..., of the Feast, in the same Tone:

Thou didst bow Thine head before the Forerunner /

And didst crush the heads of the dragons. /
Thou hast descended into the waters and didst illumine all things ///
That they may glorify Thee, O Savior, the Enlightenment of our souls.

Or, if in a Friday or a Saturday, the Dogmatic Theotokion in the Tone of the Week.

The Entrance and the Prokeimenon of the day.

Three Readings:

The Reading from the Wisdom of Solomon (5:15-6:3):

^{5:15}...**T**he righteous live for evermore; their reward also is with the Lord, and the care of them is with the most High. ¹⁶Therefore shall they receive a glorious kingdom and a beautiful crown from the Lord's hand; for with His right hand shall He cover them, and with His arm shall He protect them. ¹⁷He shall take to him His zeal for complete armor and make the creation His weapon for revenge upon his enemies. ¹⁸He shall put on righteousness as a breastplate and indifferent judgment instead of a helmet. ¹⁹He shall take holiness for an invincible shield. ²⁰His severe wrath shall he sharpen for a sword, and the creation shall fight with him against the unwise. ²¹Then shall the right aiming thunderbolts go abroad; and from the clouds, as from a well-drawn bow, and

they shall fly to the mark. ²²And hailstones full of wrath shall be cast out as a stone bow, and the water of the sea shall rage against them, and the floods shall cruelly drown them. ²³Yea, a mighty wind shall stand up against them, and like a storm shall blow them away; thus iniquity shall lay waste the whole earth, and ill dealing shall overthrow the thrones of the mighty. ^{6:1}Hear therefore, O ye kings, and under-stand; learn, ye that be judges of the ends of the earth. ²Give ear, ye that rule the people, and glory in the multitude of nations. ³For power is given to you of the Lord, and sovereignty from the Highest, who shall try your works, and search out your counsels.

The Reading from the Wisdom of Solomon (3:1-9):

^{3:1}**T**he souls of the righteous are in the hand of God, and there shall no torment touch them. ²In the sight of the unwise they seemed to die: and their departure is taken for misery, ³and their going from us to be utter destruction: but they are in peace. ⁴For though they be punished in the

sight of men, yet is their hope full of immortality. ⁵And having been a little chastised, they shall be greatly rewarded: for God proved them, and found them worthy for Himself. ⁶As gold in the furnace hath He tried them and received them as a burnt offering. ⁷And in the time of their visitation they shall

shine, and run to and fro like sparks among the stubble. ⁸They shall judge the nations, and have dominion over the people, and their Lord shall reign forever. ⁹They that put their trust in

Him shall understand the truth: and such as be faithful in love shall abide with Him: for grace and mercy is to His saints, and He hath care for His elect.

The Reading from the Wisdom of Solomon (4:7-15):

^{4:7} The righteous man, though he die early yet shall he be at rest. ⁸For old age is not honored for length of time, nor is it measured by number of years; ⁹but wisdom is gray hair for men, and a blameless life is ripe old age. ¹⁰There was one who pleased God and was so beloved of Him, that while living among sinners he was taken up. ¹¹He was caught up lest evil change his understanding or guile deceive his soul. ¹²For the fascination of wickedness

obscures that which is good, and roving desire perverts the innocent mind. ¹³Being so perfected in a short time, he fulfilled long years; ¹⁴for his soul was pleasing to the Lord, therefore He took him quickly from the midst of wickedness. ¹⁵Yet this the peoples saw and did not understand, neither did they take such a thing to heart, that God's grace and mercy are upon His holy ones, and He hath care for His elect.

Note: If it be the *Sunday After*, then:

The Litya, in Tone 4: “Behold how I am clothed in Thine image....” (*the stichera from the Aposticha of Vespers—see below*)

Glory..., now and ever..., of the Feast, in Tone 2: (*from the “Now and ever” of the Praises at Matins*)

Today Christ hath come to be baptized in Jordan! /
 Today John touches the head of the Master! /
 The powers of heaven are amazed as they behold the marvelous mystery. /
 The sea saw it and fled, /
 Jordan at the sight was driven back, /
 And we who have been enlightened cry aloud: /
 Glory to God made manifest ///
 Who hath appeared upon earth and brought light to the world!

At the Aposticha these stichera of the Feast, in Tone 4: *To the melody, “Thou hast given a sign....” (the composition of Joseph)*

Note: If it be the *Sunday After*, then the Aposticha is of the Resurrection, and:

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Glory..., of the Saint, in Tone 8: “We honor thee, O father Theodosius” (*see below*)

Now and ever..., of the Feast, in the same Tone: “The hosts of angels were astonished, O Savior....” (*see below*). **Otherwise:**

In Tone 4:

“**B**ehold how I am clothed in thine image which I fashioned, /
And how I have humbled Myself in a manner beyond understanding,” said the
Lord. /

Why then is it strange, O friend, if I bow down beneath thy hand, /
As one of thy fellow-servants, /
And being naked clothe Myself with the waters? /
For being compassionate, I wish to clothe those were stripped naked, ///
With the everlasting garment of incorruption.

Verse: The sea looked and fled; Jordan turned back!

Thou wast seen to be incarnate /
But the womb that received Thee remained unconsumed by fire; /
For the furnace which did not consume the youths in days of old /
Served a fitting image of Thee. /
How can I, who am but straw place my hand on Thee, /
Who art fire, O Master? /
For the heavens and all things on earth tremble before Thee, ///
O Jesus All-powerful, the Savior of our souls.

Verse: What ails thee, O sea, that thou hast fled; and thee, O Jordan, that thou hast turned back?

The Lord said, “Wash Me in the waters of the Jordan /
Although I am wholly clean, /
And the nature of man which had been defiled through the transgression of Adam, /
Being washed, will become as new. /
For as I am baptized ///
Mankind will be renewed by the water and the Spirit.”

Glory..., of the Saint, in Tone 8:

We honor thee, O father Theodosiaus /
As the instructor of a multitude of monastics! /
Rightly didst thou teach us to walk along thy path; /

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And blessed art thou in thy labors for Christ! /
For thou didst confound the power of the enemy, /
O companion of the righteous and converser with the angels! ///
Together with them, pray to the Lord that He will have mercy on our souls!

Now and ever..., of the Feast, in the same Tone:

The hosts of angels were astonished, O Savior, /
Beholding Thee stand naked in the Jordan; /
Thine immaculate head bowed to be baptized by John. /
For Thou didst willingly accept the poverty of our flesh /
To enrich the world! ///
O Lord, glory to Thee!

The Troparion of the Saint, in Tone 8:

Thine abundant tears made the wilderness sprout and bloom /
And thy suffering made thy labors fruitful a hundredfold /
Thou hast become a shining torch over all the world ///
O our holy father Theodosius, pray to Christ God that He may save our souls.

The Troparion of the Feast, in Tone 1:

When Thou, O Lord wast baptized in the Jordan /
The worship of the Trinity was made manifest; /
For the voice of the Father bore witness to Thee /
And called Thee His beloved Son. /
And the Spirit in the form of a dove /
Confirmed the truthfulness of His word. /
O Christ our God, who hast revealed Thyself ///
And hast enlightened the world, glory to Thee.

Matins

At “God is the Lord...” the Troparia: Feast (twice); Glory..., **Saint (once);** Now and ever..., **Feast.**

Note: If it be the **Sunday After**, then the Troparia: Resurrection (twice);
Glory..., **Saint;** Now and ever..., **Feast (once).**

After the 1st Kathisma, the Sessional Hymn, in Tone 4: *To the melody, “Joseph was amazed...”*

Joshua the son of Nun, /
As he carried the Ark of God across the River Jordan, /

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Foretold in images the blessings that awaited us: /
Of our restoration and regeneration /
To be accomplished by the Holy Spirit /
By the mystical descent of His shadow upon the Jordan. ///
Christ hath appeared in the Jordan to sanctify the waters.

Glory..., now and ever..., in the same Tone: Repeat: Joshua the son of Nun....

**After the 2nd Kathisma, the Sessional Hymn, in Tone 5: To the melody: The co-
unoriginate Word...**"

Beholding the Word co-equal in honor with the Father and the Spirit, /
Made flesh and baptized through His loving-kindness toward us /
The ranks of angels trembled /
And the River Jordan was so stricken with fear that it reared back on its waters ///
Raising us up to the summit of salvation who had fallen low through passions.

Glory..., now and ever..., in the same Tone: Repeat: Beholding the Word....

Polyeley and Magnification:

We bless thee, // O Venerable Father Theodosius, / and we honor thy holy memory, /
instructor of monastics and converser with the angels!

Selected Psalm verses:

I waited patiently for the Lord; He inclined to me and heard my prayer.
He set my feet upon a rock and guided my footsteps.

**After the Polyeley, the Sessional Hymn, in Tone 3: To the melody, "The faith
divine...."**

Thou wast revealed as a radiant beacon, O ven'erable one /
When thou didst raise up thy hands to the heights divine, /
For ascending to heaven upon the mystical wings of thy thoughts /
Thou didst become a partaker of the ineffable mysteries /
Illumining all who pray to Christ our God ///
That our souls may be saved. (twice)

**Glory..., now and ever, the Sessional Hymn of the Feast, in the same Tone: To
the melody, "Today the Virgin"**

Today Christ hath come to the Jordan /
To be baptized by the holy Forerunner in its waters. /

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And from on high the Father bore witness to Him saying: /
“This is beloved Son, in whom I am well pleased!” ///
And the Spirit descended upon Him in the wondrous form of a dove.

1st Antiphon of the 4th Tone (Song of Ascents), “From my youth....”

Prokeimenon in the Tone 4:

Precious in the sight of the Lord is the death of His saints. *Verse:* What shall I render to the Lord for all His bounty to me?

Let every breath....

Gospel: (24) Luke 6:17-23

After Psalm 50 (51), the post-Gospel sticheron, of the Saint, in Tone 6:

O holy hierarch Theodosius, /
The proclamation of thy teachings hath gone out into all the world, /
Therefore thou hast obtained the reward of thy labors in heaven; /
Thou hast destroyed legions of demons, /
And attained to the choirs of the angels /
Whose life thou didst blamelessly emulate, /
Having now boldness before Christ our God, ///
Pray for the peace of the world and the salvation of our souls.

The Canon

One Canon of the Feast, with 8 Troparia, including the Irmos, in Tone 2,
and the Canon of the Saint, with 6 Troparia, in the same Tone.

— incomplete as of 12/13/14

After the Third Ode, the Kontakion of the Feast, in Tone 4:

Today Thou hast appeared to the universe /
And Thy Light, O Lord, has shone on us /
Who with understanding praise Thee; /
Thou hast come and revealed Thyself, ///
O Light Unapproachable.

After the Sixth Ode, the Kontakion of the Saint, in Tone 8:

Planted in the courts of the Lord, thou didst blossom wonderfully with all the virtues, /
And thou didst increase thy spiritual children in the desert /
Watering them with the streams of thy tears, O divine shepherd of God’s beloved
flock ///
Therefore we cry aloud to thee: Rejoice, O father Theodosius!

The Exapostilarion of the Saint:

We have been wondrously cleansed and illumined by Thy baptism, O Christ, and now we have enriched by the joyful celebration of the memory of the honorable Theodosius, the joy of all monastics. *(twice)*

Glory..., now and ever..., the Exapostilarion of the Feast,

The Savior who is grace and truth hath appeared in the streams of the Jordan and enlightened those sleeping in darkness and shadow; for the Light that no man can approach hath come and is made manifest.

At the Praises, 4 stichera, in Tone 5: *To the melody, "Rejoice...."*

Making thyself an abode of the most-lofty virtues, O Theodosius, /
Thou wast counted worthy to inhabit the monastic domain of the Theotokos, /
There to gaze upon, and enjoy its godly beauty. /
Thou didst come to truly love its magnificence and splendor /
Which the Most-high Himself had wrought. /
And the countless monastics who earnestly followed thee at His beckoning call, /
Thankfully praise Him for its exquisite beauty. ///
Pray that He sends down great mercy on our souls.

Cleansing thyself with the rule of fasting, /
Thou didst come to emulate the Master, O blessed one: /
Thou didst heal the woman who touched the hem of thy garment, /
Thou didst feed those starving in the wilderness, /
Pouring abundant gifts from thy inexhaustible treasury, /
Being truly worthy of thy name, thou Gift from God. /
And thou didst preach the Orthodox Faith to all, O ven'erable one, /
Overturning the wicked teachings of the adversary, ///
Praying to Christ that He send down great mercy on our souls.

Having kindled the flame of a burning and ardent love for God, /
Thou wast illumined by a heavenly light /
And wast commanded by divine will to erect a holy habitation /
There to instill the virtues and to comfort the soul. /
Thou didst begin and complete thy task with faith, O most blessed one, /
And now the relics of thy much suffering body rest within it and are honored to
this day. ///
Pray to Christ God that He send down great mercy on our souls.

Joyfully didst enter into the tabernacle and the house of the Lord.

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Truly didst thy soul rejoice in all its wonders
And the beautiful sound of those celebrating with sweet voices.
Thou didst taste of its ineffable and soul-pleasing delights /
And desiring to obtain the same, thou didst mortify the passions of thy flesh, /
Instructing thy soul and adorning herself with righteousness divine. ///
Pray to Christ God that He send down great mercy on our souls.

Glory..., in Tone 2:

Thou wast revealed on earth as a true ladder of virtues /
And we praise thee as the model of ascetics. /
For having fasted truly as did Saint Anthony the Great, /
Thou didst demonstrate thy true humility, /
And thou didst faithfully tend thy people, /
Bringing them to dwell together with the angels in thy holy monastery, /
Where even now we all cry out to thee: /
Forget us not, thy flock, O blessèd Theodosius, ///
But save us through thine intercessions before the Lord.

Now and ever..., in same Tone:

Today Christ hath come to be baptized in Jordan! /
Today John touches the head of the Master! /
The powers of heaven are amazed as they behold the marvelous mystery. /
The sea saw it and fled, /
Jordan at the sight was driven back, /
And we who have been enlightened cry aloud: /
Glory to God made manifest ///
Who hath appeared upon earth and brought light to the world!

The Great Doxology. After the Trisagion, the Troparion of the Saint, Glory..., now and ever., and that of the Feast. The usual litanies and the Dismissal.

Liturgy

At the Beatitudes, 8 Troparia: 4 from the Sixth Ode of the Canon of Theophany, and 4 from the Sixth Ode of the Canon of the Saint.

The Troparion of the Feast, in Tone 1:

When Thou, O Lord wast baptized in the Jordan /
The worship of the Trinity was made manifest; /
For the voice of the Father bore witness to Thee /
And called Thee His beloved Son. /

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And the Spirit in the form of a dove /
Confirmed the truthfulness of His word. /
O Christ our God, who hast revealed Thyself ///
And hast enlightened the world, glory to Thee.

The Troparion of St. Theodosius, in Tone 8:

Thine abundant tears made the wilderness sprout and bloom /
And thy suffering made thy labors fruitful a hundredfold /
Thou hast become a shining torch over all the world ///
O our holy father Theodosius, pray to Christ God that He may save our souls.

The Kontakion of St. Theodosius, in Tone 8:

Planted in the courts of the Lord, thou didst blossom wonderfully with all the virtues, /
And thou didst increase thy spiritual children in the desert /
Watering them with the streams of thy tears, O divine shepherd of God's beloved
flock ///
Therefore we cry aloud to thee: Rejoice, O father Theodosiaus!

The Kontakion of the Feast, in Tone 4:

Today Thou hast appeared to the universe /
And Thy Light, O Lord, has shone on us /
Who with understanding praise Thee; /
Thou hast come and revealed Thyself, ///
O Light Unapproachable.

The Prokeimenon, in Tone 7: Precious in the sight of the Lord is the death of His saints. *Verse:* What shall I render to the Lord for all His bounty to me?

The Epistle: (176) 2 Cor. 4:6-15

The Alleluia, in Tone 6: Blessèd is the man who fears the Lord, who greatly delights in His commandments. *Verse:* His seed shall be mighty in the land.

The Gospel: (43) Matthew 11:27-30

Communion Hymn: The righteous shall be in everlasting remembrance. He shall not fear evil tidings. Alleluia....

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