

SEPT. 11 AFTERFEAST OF THE NATIVITY OF THE THEOTOKOS; Venerable
Theodora of Alexandria and Hieromartyr Autonomous (*from 9/12*)

TROPARION OF THE FEAST - Tone 4

Thy nativity, O Virgin Theotokos, /
Hath proclaimed joy to the whole universe! /
The Sun of Righteousness, Christ our God
Hath shone from thee, O Theotokos /
By annulling the curse /
He bestowed the blessing. ///
By destroying death, He hath granted us eternal life.

TROPARION (St Theodora): - Tone 8

The image of God was truly preserved in thee, O mother, /
For thou didst take up thy cross and follow Christ /
By so doing thou didst teach us to disregard the flesh, for
it passes away /
But to care instead for the soul, since it is immortal ///
Therefore thy spirit, O holy Theodora, rejoices with the angels

KONDAKION (St Theodora) - Tone 2

Praying for the forgiveness of thy sin /
Thou didst spend thy bodily strength in fasting and abstinence /
And thy nights in continual vigils before God. ///
Thus thou didst receive forgiveness and become an example
of repentance for us all.

KONDAKION (St Autonomus) - Tone 2

O holy hieromartyr Autonomus, /
Thou didst faithfully serve the holy Mysteries /
And didst thyself become a holy sacrifice /
By partaking fully of the Cup of Christ. /
Cease not to intercede for us, ///
O glorious beacon of light for all the world./

TROPARION of the Feast - Tone 4

By thy nativity, O most pure Virgin, /
Joachim and Anna are freed from barrenness; /
Adam and Eve, from the corruption of death. /
And we, thy people, are freed from the bondage of sin, celebrate
and sing to thee: ///

The barren woman gives birth to the Theotokos, the nourisher
of our Life.