The 14th Day of March Commemoration of our Venerable Father Benedict of Nursia.

Vespers

At "Lord, I call...," 3 stichera, in Tone 2: To the melody, "When from the tree...."

From thy <u>youth</u> thou didst renounce all the <u>cares</u> of the world / And with true faith and love didst thou follow after Christ <u>cru</u>cified, / Mortifying thy flesh with great accomplishments and <u>la</u>bors / Thou didst receive the abundant grace of <u>hea</u>lings /// To cure illnesses and expel evil spirits to the a<u>sto</u>nishment of all.

Becoming thyself the most pleasing of mo<u>na</u>stics, / O ven'rable father <u>Be</u>nedict, / Thou didst gather a countless multitude to sing the <u>praises</u> of God, / Guiding them onto the path which leads to <u>heaven</u> / Who <u>followed</u> thy blessed teachings and emulated thy <u>vi</u>rtuous life. /// Now, together with them we honor thy blessed repose, O father Benedict.

Like Elijah of old, when he called down the waters of <u>heaven</u> / Thou didst cause oil to pour out from the vessel <u>through</u> thy prayers; / And thou didst raise the dead; /

And didst accomplish a great number of miracles, O <u>ve</u>n'rable one, / To the <u>glo</u>ry of God the <u>Sa</u>vior of all. ///

Therefore, with love we celebrate thy glorious memory, O father Benedict.

Glory..., now and ever..., Theotokion, in the same Tone: (and melody)

O thou joy of all who sorrow, /

Protectress of the oppressed and nourisher of the poor and <u>hungry</u>; / O consolation of the homeless, guide of the blind and visitation <u>of</u> the sick; / Thou defense and shelter of those who struggle in <u>labor</u>, / The <u>helper of orphans and the Mother of God Most High</u>, /// We pray thee, O most-pure one, that we, thy servants <u>may</u> be saved.

Or the Stavrotheotokion, in the same Tone: (to the regular melody)

When she beheld Thee, the Maker of the <u>universe</u>, / Hanged upon the Cross and enduring Thy great <u>sufferings</u>, / The all-<u>pure</u> one cried aloud la<u>menting</u>; / "O Master beyond praise, my <u>Son</u> and God, / How, desiring to honor Thy creation, dost Thou suffer dis<u>ho</u>nor in the flesh? /// Glory to thy great mercy and condescension, O Lover of <u>mankind</u>."

14 MARCH

The General Troparion of a Venerable Monk, in Tone 4: (none given in the Slav Menaion)

The image of God was truly preserved in thee, O <u>Fa</u>ther, / For thou didst take up thy cross and <u>fo</u>llow Christ / By so doing thou didst teach us to disregard the flesh, for it <u>pa</u>sses away / But to care instead for the soul, since it is im<u>mo</u>rtal /// Therefore thy spirit, O holy Benedict, rejoices with the <u>angels</u>.

Matins

The Canon of Saint Benedict, in Tone 2,

having the acrostic: "I offer praise to thee, O Benedict the Wise," the composition of Joseph. — incomplete as of 1/19/2015

The Kontakion of the Saint, in Tone 6: (to the melody: "Steadfast protectress...)

Thou wast richly blessed by the grace of God, O <u>Benedict</u>, / And by thine accomplishments, thou didst truly pro<u>claim</u> thy name; / Thou wast revealed as a favorite of <u>Christ</u> God / And by thy prayers and fasting wast thou granted the gifts of the Holy <u>Spi</u>rit; / Thou dost heal the sick and banish the <u>demons</u>, /// And comest quickly to the defense of our souls.

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