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OCT 29
          Martyr Anastasia of Rome; Abramius the Recluse
TROPARION (St. Anastasia) - Tone 4
  O Jesus, Thy lamb Anastasia /
  Cries out to Thee with great love: /
  "O my Bridegroom, I long for Thee in pain, /
  I am crucified with Thee, and in baptism buried with Thee; /
  I suffer for Thy sake in order to reign with Thee, /
  I die for Thee in order to live in Thee. /
  Accept me as a spotless victim /
  Since I am put to death because of my love for Thee." ///
  Through her prayers, O Merciful One, save our souls.
TROPARION (St. Abramius) - Tone 8
  The image of God was truly preserved in thee, O Father, /
  For thou didst take up thy cross and follow Christ /
  By so doing thou didst teach us to disregard the flesh, for
     it passes away /
  But to care instead for the soul, since it is immortal ///
  Therefore thy spirit, O holy Abramius, rejoices with the angels.
KONTAKION (St. Anastasia) - Tone 3 To the melody: "Today the Virgin .... "
  Cleansed by the waters of virginity, O Anastasia, /
  And crowned with the blood of martyrdom,
  Thou grants healing to those who suffer from sicknesses
  And salvation to those who approach thee with their whole heart, ///
  For Christ the bountiful hath granted thee this power.
KONTAKION (St. Abramius) - Same Tone and melody
  Thou wast revealed on earth to be an angel in the flesh /
  And through fasting thou didst show thyself to be like a tree /
  Planted near the waters of abstinence /
  Washing defilement away with the torrents of thy tears. ///
  Therefore, thou art revealed as a divine dwelling of the Holy
      Spirit, O Abramius.
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