and miracles, ///

Doing this by the grace of the monastic rule.

TROPARION - Tone 8 From thy youth thou wast raised in the virtues loving the monastic life / And having valiantly attained thy desire, thou didst come to dwell in a cave, / Thou didst adorn thy life with the radiance of fasting, / And didst abide on the earth in prayer living the life of an angel. By this thou didst illumine the lands of Rus'like a brilliant star. /// O our father Theodosius, beseech Christ God to save our souls. KONTAKION - Tone 3 (To the melody: Today the Virgin....) Let us honor today the blessed Theodosius, / The star of the lands of Rus' Which shone forth from the East upon the lands of the West, / Thus enriching the whole earth and us all by his goodness