

The 19th Day of September

The Afterfeast of the Exaltation of the Cross; The Holy Martyrs Trophimus, Sabbatius, and Dorymēdon of Synnada.

Vespers

At “Lord, I call...” 6 stichera:

3 stichera of the Feast in Tone 4: *To the melody, “Thou hast given a sign....”*

The all-holy Cross /
Is the invincible weapon of victory /
And is revealed today, coming forth from the earth /
Like a hidden treasure, /
Enriching the whole world with the rays of its universal goodness, /
Therefore, we glorify Thy gracious dispensation, O Christ our God, ///
For Thou didst deign to be crucified upon it for our sakes.

The Cross was prefigured in ancient times /
By Moses, the faithful divine prophet and eye-witness of God /
When he routed the armies of Amalek; /
Now, it is restored being lifted up by priestly hands, /
And it drives away armies of the godless and all the demons ///
As it exposes the irreverence of faithlessness.

The Cross is invincible power to us Christians, O our Savior, /
Which shatters the might of our enemies, /
And it is the peace of Thy Church, O Christ, /
Which is granted to all Orthodox people /
Who now venerate it, beseeching Thee, O Lord, ///
To be counted worthy to be amongst Thy chosen saints, O Lover of mankind.

And these 3 stichera of the Martyrs, in Tone 8: *To the melody, “Thy martyrs....”*

Desiring to partake of eternal nourishment in heaven, /
Thou wast sated with bodily afflictions on earth, /
And didst pass over from corruption to incorruption, /
O holy Trophimus, /
And thou art now adorned as a true witness for Christ. ///
Entreat Him now to grant us His great mercy, O blessed one.

O glorious Sabbatius, /
Thou didst endure many torments, /

And wast vouchsafed to celebrate with joy in the courts of heaven, /
 Where thou hast received honors for the greatness of thy deeds, /
 And now art numbered among the assemblies of the angels. ///
 Beseech Christ God, to grant us His great mercy!

Having rejected the counsel of the ungodly ones, /
 Thou didst strengthen thy mind with divine counsels, O Dorymēdon, /
 And courageously didst thou complete thy trial of torture. /
 Now, having received thine honors of victory ///
 Thou art co-reigning with Christ, ever praying for us all.

Glory..., now and ever..., of the Feast, in Tone 4:

Let us make glad today /
 And sing in honor of the feast, /
 And with joyful face and tongue openly cry aloud: /
 O Christ for us Thou hast accepted condemnation, /
 Being spat upon and scourged; /
 Thou wast wrapped in a purple robe, /
 And hast gone up upon the Cross. /
 Seeing Thee, the sun and the moon hid their light, /
 And the earth quaked in fear, /
 And the veil of the temple was rent in twain. /
 Do Thou Thyself now grant us Thy precious Cross /
 As Guardian and protector and driver-away of demons, /
 That by embracing it, we may all cry aloud: /
 Save us, O Cross, by thy might. /
 Make us holy by thy splendor, O precious Cross, /
 And strengthen us though thine Exaltation: ///
 For thou hast been given to us as the light and salvation of our souls.

Or the Dogmatic Theotokion if a Resurrection Service.

At the Aposticha, these stichera, in Tone 1: To the melody, "Joy of the ranks of heaven...."

The Cross is lifted up and demons are driven away, /
 The gates of Eden are open to the thief, /
 Death is put to death and has been emptied, /
 And Christ is glorified. /
 Rejoice, therefore, all ye mortals born on earth, ///
 For the curse is overthrown!

AFTERFEAST OF THE EXALTATION; MARTYRS TROPHIMUS, SABBATIUS,
AND DORYMEDON

Verse: Extol the Lord; worship at His footstool for it is holy.

Come, all ye God-loving people, /
And let us behold the lifting up of the Cross, /
Let us exalt together, and let us give glory, /
And let us cry out to our only Deliverer and our God: /
Having been crucified, O Lord, on the Tree of the Cross, ///
Turn not away from us as we entreat mercy of Thee.

Verse: God is our King before the ages: He hath wrought salvation in the midst of the earth.

Making sweet that which was bitter /
Moses delivered Israel in ancient days, /
By making the sign of the Cross. /
Therefore, we the faithful, /
Devoutly and mystically inscribe it upon our hearts, ///
And are saved by its power.

Glory..., now and ever.., of the Feast, in Tone 5:

O God, fulfilled are the words of Thy prophets Isaiah and David, saying: /
“All the nations shall come and worship before Thee, O Lord.” /
For behold, O Thou who art good, /
The people filled with Thy grace in Thy courts at Jerusalem. /
O Thou who hast endured the Cross for us ///
And hast brought us life by Thy Resurrection, guard us and save us.

The Troparion of the Martyr, in Tone 8:

Praising God in Trinity, let us glorify the three martyrs, /
Trophimus, Sabbatius, and Dorymēdon, /
For having believed in the trinity they were put down by the enemy. ///
By their prayers, O Christ God, have mercy on us.

Glory..., now and ever.... The Troparion of the Feast, in Tone 1:

O Lord, save thy people /
And bless Thine inheritance. /
Grant victories to the Orthodox Christians /
Over their adversaries; /
And by virtue of Thy Cross ///
Preserve Thy habitation.

19 SEPTEMBER

Matins

Incomplete as of 8/2020

At “God is the Lord...,” the Troparion of the Feast, O Lord, save Thy people..., (twice); Glory..., Martyr: Now and ever..., Feast: O Lord, save Thy people....

After the 1st Kathisma, the Sessional Hymn, in Tone 7:

The Church cries out to Thee, /
Bowing before Thy Cross, made of pine, cedar and cypress, O Christ God: /
Grant victory over our enemies through the prayers of the Theotokos, ///
And have mercy on us.

Glory..., now and ever..., (repeat)

After the 2nd Kathisma, the Sessional hymn, in Tone 4:

Thy Cross, O Lord, /
Drives away the legions of darkness like a shining star, /
And enlightens the faithful as they cry aloud: ///
The Cross is the boast and glory of the world!

Glory..., now and ever..., (repeat)

The Canon

The Canon of the Feast, with 8 Troparia, including the Irmos;
and that of the Martyrs, with 4 Troparia.

After the Third Ode, the Kontakion of the Martyr, in Tone 8:

The Church honors thee as a founding stone of witnessing and a pillar of piety, /
And it glorifies thy light-bearing suffering, /
O blessed and valiant, glorious martyr Trophimus and those who suffered with thee. /
Entreat Christ God for the remission of sins of those who cry out to thee ///
As thou art invincible.

After the Sixth Ode, the Kontakion of the Feast, in Tone 4:

As Thou wast voluntarily crucified for our sake, /
Grant mercy to those who are called by Thy name. /
Make all Orthodox Christians glad by Thy power /
Granting them victories over their adversaries ///
By bestowing upon them the invincible trophy, Thy weapon of peace.

AFTERFEAST OF THE EXALTATION; MARTYRS TROPHIMUS, SABBATIUS,
AND DORYMEDON

At the Apostikha, these stikhera, in Tone 6:¹ To the melody, “On the third day....”

We bow down in worship before the place /
Where the feet of Christ stood, /
And we exalt the thrice-blessed Cross /
Upon which was the Master shed His blood ///
Pouring forth the Resurrection on the world.

Verse: Extol the Lord; worship at His footstool for it is holy.

Having mortified the passions of the flesh and spirit /
Come, all ye faithful, wise in God, /
And let us make haste to elevate ourselves /
Above all earthly cares /
To the resting place of heaven /
Through the exaltation of the Holy Cross, ///
Having crucified ourselves with Christ the Master.

Verse: God is our King before the ages: He hath wrought salvation in the midst of the earth.

An ever-flowing stream of Life /
Issues forth from the divine ribs of the Savior, /
Watering the souls of those who faithfully worship His divine sufferings, ///
His Cross and Resurrection.

Glory..., now and ever..., in Tone 5:

O God, fulfilled are the words of Thy prophets Isaiah and David, saying: /
“All the nations shall come and worship before Thee, O Lord.” /
For behold, O Thou who art good, /
The people filled with Thy grace in Thy courts at Jerusalem. /
O Thou who hast endured the Cross for us ///
And hast brought us life by Thy Resurrection, guard us and save us.

Liturgy

At the Beatitudes, 6 Troparia from the Seventh Ode of the Canon of the Feast.

RLE 9/2/2015 SDA
UPDATED 8/2/2020 SDA
9/20/2022 SDA

¹ cf. Vespers Apostikha, September 16th.