

JAN 22

Apostle Timothy and Martyr Anastasius

TROPARION (*Apostle Timothy*) - Tone 4

Having learned goodness thoroughly /  
And being sober in all things /  
Clothed in a good conscience as befits the holy /  
Thou didst draw ineffable wisdom from the chosen vessel, Paul /  
And having kept the faith /  
Thou hast completed the same course, O Apostle Timothy. ///  
Intercede with Christ God that our souls may be saved.

TROPARION (*Monk Martyr Anastasius*) - Tone 4

Thy martyr Anastasius, O Lord, /  
Through his sufferings received his incorruptible crown from  
Thee, our God. /  
For having Thy strength he laid low his enemies /  
And shattered the powerless boldness of demons ///  
Through his intercessions, O Christ God, save our souls.

KONTAKION (*Both Saints*) - Tone 1:

Come, O ye faithful, and let us praise Timothy the holy apostle /  
The companion of Paul in his travels; /  
And together with him, let us honor the wise Anastasius /  
Who came from Persia like a star ///  
For the healing of our souls' passions and our bodies' diseases.