## TROPARION - Tone 4

```
Today the bonds of barrenness are broken,
God has heard the prayers of Joachim and Anna; /
And He has promised them beyond all their hopes /
That they should bear the Maiden of God /
By whom the Infinite One was born as mortal man, /
Who commanded the angel to cry out to her: ///
"Rejoice, thou who art full of grace, the Lord is with thee!"
```

## KONTAKION - Tone 4

Today the universe rejoices / For Anna has conceived, the Mother of God by divine grace. /// The one who is to bear ineffably the Word of God.